

## >> Culinary Arts >> Concentration Code HU 2050

Articulation Agreement Available with Blue Ridge Community College

Accredited by the American Culinary Federation Foundation's Accrediting Commission – the Culinary Arts program at James Rumsey is dedicated to excellence in culinary education and has been designed to provide students with the knowledge and skills necessary to ensure successful employment in the industry.

This intense 11-month course covers a wide variety of skills and topics. The major units of study span the full spectrum of requirements and functions of/and within the industry. The student acquires a comprehensive yet fundamental culinary education which can be successfully applied to all levels of the food service industry.

Emphasis is focused on student development and maintenance of necessary positive attitudes and work habits leading to maximum performance and effectiveness upon graduation. Graduates of the program will receive a certificate and are eligible to apply for ACF Certified Culinarian (CC) status.

### Major Units of Study:

#### Restaurant Management Foundations I

- Introduction to Gastronomy
- Culinary Mathematics
- Safety and Sanitation in the Foodservice Industry
- Cost Control and Food Purchasing
- Portfolio Development

#### Culinary Foundations I

- Product and Equipment Knowledge
- Stocks, Soups, and Sauces
- Meat, Poultry, and Seafood Identification & Fabrication
- Cooking Techniques
- Breakfast & Lunch Cookery

#### Restaurant Management Foundations II

- Supervisory Management Skills
- Dining Room and Beverage Service
- Nutrition
- Menu Development
- Internship

#### Culinary Foundations II

- Baking and Pastry Foundations
- Garde Manger
- Banquet Cookery
- American and International Cuisines
- Contemporary à la Carte Cooking

### Admission Criteria

1. Interview by Culinary Arts Coordinator/Chef/Instructor
2. Pre-admission test
3. High school diploma or HISET, TASC™, or GED®
4. Health – must be able to lift up to (approximately) 50 pounds, bend, and spend up to six hours daily standing on concrete floors.